

SUPPORT GROUPS

Contact our Helpline at 800.272.3900 or helplinegmc@alz.org with questions or to register.

Support Groups and their facilitators are not to be contacted for commercial purposes, solicitation or visits from anyone who is not currently caring for someone with dementia. All times listed are in Eastern Standard Time (EST) unless otherwise noted.

Build a support system with people who understand. Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to develop a support system, exchange practical information on caregiving challenges, possible solutions and learn about community resources, talk through issues and ways of coping and share feelings, needs, ideas and concerns.

Location/Type	Date/Time	Delivery method	Contact Information
ZOOM / DIAL-IN OPTIONS (IN-PERSON SUPPORT GROUPS, LISTED BY COUNTY, ARE BELOW)			
<i>Caregiver Support Group</i> Livonia/Farmington Hills/Southfield Area	Every Monday <i>(except for the 2nd Monday of each month)</i> 6 - 7:30 p.m. (EST)	Zoom	Email helplinegmc@alz.org for the zoom link
<i>Caregiver Support Group</i> Michigan residents	First and Third Tuesday 1 - 2:30 p.m. (EST)	Zoom	Email helplinegmc@alz.org for the zoom link
<i>Younger Onset - For caregivers caring for someone with dementia under the age of 65</i>	First Thursday 5:30 - 7 p.m. (EST)	Zoom	Email helplinegmc@alz.org for the zoom link
<i>Statewide Early Stage - For Caregivers/Care partners</i>	Second Monday 1 - 2 p.m. (EST)	Zoom	Jean 248.996.1033 jbarnas@alz.org
<i>Statewide Early Stage - For Persons Living with Early Stage Dementia</i>	Second Monday 1 - 2 p.m. (EST)	Zoom	Jean 248.996.1033 jbarnas@alz.org

<p>Statewide Lewy Body Dementia (LBD) Caregiver Support Group</p> <p><i>Hosted by Michigan Alzheimer's Disease Center's Rinne Lewy Body Dementia Initiative</i></p>	<p>Second Tuesday 2 - 3 p.m. (EST) and Second Tuesday 6 - 7 p.m. (EST)</p>	<p>Zoom</p>	<p>Register here (2 - 3 p.m.) and Register here (6 - 7 p.m.)</p>
<p>Persons Living with Lewy Body Dementia (LBD) Group</p> <p><i>Hosted by Michigan Alzheimer's Disease Center's Rinne Lewy Body Dementia Initiative</i></p>	<p>Second Tuesday 3 - 4 p.m. (EST)</p>	<p>Zoom</p>	<p>Register here</p>
<p>Grief After Dementia Caregiver Support Group</p> <p><i>In Partnership with Hospice of Michigan</i></p>	<p>Second Tuesday 6:30 - 7:30 p.m. (EST)</p>	<p>Zoom</p>	<p>Helpline helplinegmc@alz.org</p>
<p>Frontotemporal Dementia (FTD) Caregiver Support Group</p> <p><i>Hosted by The Association for Frontotemporal Dementia</i></p>	<p>Second Thursday 7:30 - 8:30 p.m. (EST) & 4th Saturday 11 a.m. - noon (EST)</p>	<p>Zoom</p>	<p>Marian Grems, Karen Henning & Amy Tracy Wells 517.214.2626</p>
<p>Caregiver Support Group Open to the Jewish Community</p> <p><i>Hosted by Temple Israel No membership required to attend</i></p>	<p>Fourth Tuesday 10 - 11 a.m. (EST)</p>	<p>Zoom</p>	<p>Email helplinegmc@alz.org for the zoom link</p>
<p>Down Syndrome + Alzheimer's/Dementia Caregiver Support Group</p>	<p>Fourth Tuesday 6 - 7 p.m. (EST)</p>	<p>Zoom and Dial-In</p>	<p>Missy Rouse 614.643.2135</p>
<p>African American Caregiver Support Group</p> <p><i>Hosted by the Central New York Chapter</i></p>	<p>Third Wednesday 2 - 3 p.m. (EST)</p>	<p>Zoom</p>	<p>Call 315-472-4201 ext 227 for more information and to be registered</p>

<i>Caregiver Support Group</i>	Fourth Wednesday 3:30 - 4:30 p.m. (CNT)	Zoom and Dial-In	Helpline helplinegmc@alz.org
<i>Caregiver Support Group</i> <i>Hosted by The Brown Program (partnership with Geshar Human Services and Jewish Senior Life)</i>	Fourth Thursday 1:30 - 2:30 p.m. (EST)	Zoom	Email helplinegmc@alz.org for the zoom link
<i>Caregiver Support Group</i>	Fourth Thursday 7 - 8 p.m. (EST)	Zoom and Dial-In	Claire Fisher 616.459.7467

ALPENA COUNTY

<i>You Are Not Alone Caregiver Support Group</i> Alpena Senior Center 501 River Street	Third Thursday 4 - 5 p.m. (EST)	In-Person	Kristen Weber 231.714.6736
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ANTRIM COUNTY

<i>Caregiver Support Group</i> First Presbyterian Church of Elk Rapids, Multi Purpose room 404 Spruce St, Elk Rapids	Third Friday 2 - 3 p.m. (EST)	In-Person	Kristen Weber 231.714.6736
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BAY COUNTY

<i>Caregiver Support Group</i> Golden Horizons Adult Day Care Center 1001 Marsac Street, Bay City	Second Tuesday 6 - 8 p.m. (EST)	In-Person	Helpline helplinegmc@alz.org
<i>Caregiver Support Group</i> Grace Church, 4267 2 Mile Rd, Bay City	First Wednesday 4 - 5:30 p.m. (EST)	In-Person	Helpline helplinegmc@alz.org

BERRIEN COUNTY

<p><i>Caregiver Support Group</i></p> <p>Bridgman Public Library, 4460 Lake Street</p>	<p>Last Tuesday 2 - 3:30 p.m.(EST)</p>	<p>In-Person</p>	<p>Nicole Hourani nthourani@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Campus for Creative Aging 2920 Lakeview Avenue, St. Joseph</p>	<p>Second Tuesday 2 - 3:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Nicole Hourani nthourani@alz.org</p>

CALHOUN COUNTY

<p><i>Caregiver Support Group</i></p> <p>Heritage Commons 15885 W Michigan Ave, Marshall</p> <p><i>Hosted by Oaklawn Medical Group</i></p>	<p>First Wednesday 3 - 4 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
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CHARLEVOIX COUNTY

<p><i>Lewy Body Dementia (LBD) Support Group for Caregivers and People Living with LBD</i></p> <p>Boyne District Library, 201 E Main Street, Boyne City</p>	<p>Second Tuesday 1 - 3 p.m. (EST)</p>	<p>In-Person</p>	<p>Mary Whitlock 231.350.8283</p> <p><i>Hosted by Michigan Alzheimer's Disease Center's Rinne LBD Initiative</i></p>
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CHIPPEWA COUNTY

<p><i>Caregiver Support Group</i></p> <p>CLM - Community Action, Calery Center 524 Ashmun St., Sault Ste. Marie</p>	<p>Second Thursday 10 - 11 a.m. (EST)</p>	<p>In-Person</p>	<p>Jack Vanderlugt 906.373.3107</p>
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CLINTON COUNTY

<p><i>Caregiver Support Group</i></p> <p>Clinton County Senior Center 201 E Walker St, Saint Johns</p>	<p>First Monday 7 - 8:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
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CRAWFORD COUNTY

<p><i>Caregiver Support Group</i></p> <p>The Brook of Grayling 503 Rose St, Grayling</p>	<p>Third Wednesday 11 a.m. - noon (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
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DICKINSON COUNTY

<p><i>Caregiver Support Group</i></p> <p>DICSA, 1238 Carpenter Ave. Iron Mountain</p>	<p>Third Thursday 2 - 3 p.m. (CNT)</p>	<p>In-Person</p>	<p>Jack Vanderlugt 906.373.3107</p>
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EATON COUNTY

<p><i>Men's Only Caregiver Discussion Group</i></p> <p>Delta Enrichment Center, 4538 Elizabeth Rd., Lansing</p>	<p>Third Wednesday 10 a.m. - noon (EST)</p>	<p>In-Person/ Zoom</p>	<p>Helpline helplinegmc@alz.org</p>
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EMMET COUNTY

<p><i>Caregiver Support Group</i></p> <p>Friendship Center of Petoskey 1322 Anderson Rd.</p>	<p>Second Wednesday 2 - 3:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Kristen Weber 231.714.6736</p>
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GENESEE COUNTY

<p><i>Caregiver Support Group</i></p> <p>Flushing Area Senior Center 106 Elm St.</p>	<p>First Thursday 2 - 3 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
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<p><i>Caregiver Support Group</i></p> <p>Carman-Ainsworth Senior Center 2071 S. Graham Rd, Flint</p>	<p>Second Tuesday 2 - 3 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
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<p><i>Caregiver Support Group</i></p> <p>Davison Area Senior Center 10135 Lapeer Rd.</p>	<p>Second Thursday 10 a.m. - noon (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Clio Senior Center, 2136 W Vienna Rd.</p>	<p>Third Monday 6:30 - 7:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i> <i>*must be a Genesee county resident to attend</i></p> <p>Grand Blanc Senior Center 12632 Pagels Dr.</p>	<p>Third Wednesday 10 - 11 a.m. (EST)</p>	<p>In-Person</p>	<p>Douglas Lobdell 810.212.9589</p>
<p><i>Caregiver Support Group</i></p> <p>Swartz Creek Senior Center 8095 Civic Dr #2</p>	<p>Third Wednesday 9:30 - 10:30 a.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>

GLADWIN COUNTY

<p><i>Caregiver Support Group</i></p> <p>The Brook Retirement Community 1201 W. Cedar Ave., Gladwin</p>	<p>Third Wednesday 3 - 4 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
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GRAND TRAVERSE COUNTY

<p><i>Caregiver Support Group</i></p> <p>The Pavillions 1000 Pavillions Cir, Traverse City</p>	<p>Second Friday 1 - 2:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
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GRATIOT COUNTY

<p><i>Caregiver Support Group</i></p> <p>Mid-Michigan Health, 300 E. Warwick Dr., Alma</p>	<p>Third Wednesday 4:30 - 5:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
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HILLSDALE COUNTY

<p><i>Caregiver Support Group</i></p> <p>Perennial Park/Hillsdale Senior Center 320 W. Bacon St.</p>	<p>Fourth Wednesday 2 - 3:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
INGHAM COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Faith Lutheran Church 4515 Dobie Rd., Okemos</p>	<p>First Thursday 7 - 8:30 p.m. (EST)</p>	<p>In-Person (Zoom Available)</p>	<p>Nicole Hourani nthourani@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Burcham Hills Retirement Community Private Dining Room, 2700 Burcham Dr., E. Lansing</p>	<p>Second Thursday 4 - 5 p.m. (EST)</p>	<p>In-Person</p>	<p>Nicole Hourani nthourani@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>First United Methodist of Mason 201 E. Ash St., Mason</p>	<p>Third Monday 5:30 - 7:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Nicole Hourani nthourani@alz.org</p>
IONIA COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Ionia County Commission on Aging Senior Center 115 Hudson St, Ionia</p>	<p>Second Thursday 11:30 a.m. - 12:30 p.m. (EST)</p>	<p>In-Person & Dial-In</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Ionia County Commission on Aging Senior Center 115 Hudson St, Ionia</p>	<p>Fourth Thursday 11:30a.m. - 12:30 p.m. (EST)</p>	<p>In-Person & Dial-In</p>	<p>Helpline helplinegmc@alz.org</p>
ISABELLA COUNTY			

<p><i>Caregiver Support Group</i></p> <p>Isabella County Commission on Aging 2200 S. Lincoln Rd, Mt. Pleasant</p>	<p>Third Monday 1 - 2:30 p.m. (EST)</p> <p><i>Free respite onsite. Call Susan for more info 231.267.6119</i></p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
KALAMAZOO COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Memory Care Learning Center 300 Golden Dr, Kalamazoo</p>	<p>Fourth Tuesday 9:30 - 10:30 a.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Calvary Bible Church East 5495 E Main St, Kalamazoo</p>	<p>Second Thursday 5 - 6 p.m. (EST)</p>	<p>In-Person</p>	<p>Nicole Hourani nthourani@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Friendship Village 1400 Drake Rd, Kalamazoo</p>	<p>Second Tuesday 10 - 11 a.m. (EST) and Fourth Tuesday 10 - 11 a.m. (EST)</p>	<p>In-Person</p>	<p>Nicole Hourani nthourani@alz.org</p>
KENT COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Sparta Senior Neighbors Center, 100 Ida Ride Ave., Sparta</p>	<p>Second Monday 1 - 2 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Grand Rapids Area</p>	<p>First Wednesday 6:30 - 8 p.m. (EST)</p>	<p>Zoom</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Trinity Health, 245 Cherry St. SE, Grand Rapids</p>	<p>Second Wednesday 6:30 - 8 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>

<p><i>Caregiver Support Group</i></p> <p>SarahCare, 2211 E Beltline Ave. NE, Grand Rapids</p>	<p>First Thursday 12:30 - 2:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Younger Onset - For Caregivers</i></p> <p>Grand Rapids Area</p>	<p>Second Tuesday 7 - 8:30 p.m. (EST)</p>	<p>Zoom</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>St. Paul's United Methodist Church, 3334 Breton Rd. SE, Grand Rapids</p>	<p>Second Thursday 11 a.m. - noon (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>SarahCare 2211 E Beltline Ave. NE, Grand Rapids</p>	<p>Third Thursday 12:30 - 2:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>St. Luke AME Zion Church Grand Rapids Area</p>	<p>Third Saturday 11 a.m. - noon (EST)</p>	<p>Zoom</p>	<p>Claire Fisher 616.459.7467</p>
<p><i>Caregiver Support Group</i></p> <p><i>Aging with Down Syndrome</i></p> <p>Down Syndrome Association of West Michigan, 160 68th St. SW, Grand Rapids</p>	<p>Fourth Monday 6:30 - 7:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Russ' Restaurant, 6444 Division Ave. S., Grand Rapids</p>	<p>Fourth Tuesday 9:30 - 11 a.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>

LAKE COUNTY

<i>Caregiver Support Group</i> St. Ann's Lake County Senior Center 690 9th St, Baldwin	Third Wednesday 1 - 2:30 p.m. (EST)	In-Person	Helpline helplinegmc@alz.org
LAPEER COUNTY			
<i>Caregiver Support Group</i> Marguerite DeAngeli Library 921 W. Nepessing St., Lapeer	Second Wednesday 6 - 7:30 p.m. (EST)	In-Person	Helpline helplinegmc@alz.org
LEELANAU COUNTY			
<i>Caregiver Support Group</i> ShareCare Office 99 Fourth St. Suttons Bay	Second Tuesday noon - 1 p.m. (EST)	In-Person	Kristen Weber 231.714.6736
<i>Caregiver Support Group</i> Leelanau County	Fourth Wednesday 2 - 3 p.m. (EST)	Zoom	Kristen Weber 231.714.6736
LENAWEE COUNTY			
<i>Caregiver Support Group</i> Cambrian Senior Living 333 N. Occidental Hwy, Tecumseh	Fourth Thursday 3 - 4 p.m. (EST)	In-Person	Helpline helplinegmc@alz.org
LIVINGSTON COUNTY			
<i>Caregiver Support Group</i> Independence Village of Brighton Valley 7700 Nemco Way, Brighton	First Monday 6:30 - 8 p.m. (EST)	In-Person	Helpline helplinegmc@alz.org

<p><i>Caregiver Support Group</i></p> <p>Livingston Educational Service Agency (LESA), 1425 W. Grand River Rd, Howell</p>	<p>First Tuesday 3 - 4:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>First United Methodist Church 1230 Bower St, Howell</p>	<p>Third Thursday 1 - 2 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Village Manor Retirement 9501 E Highland Rd, Howell</p>	<p>Last Wednesday 6 - 7 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>

MACOMB COUNTY

<p><i>Caregiver Support Group</i></p> <p>Shelby Twp. Activities Center 14975 21 Mile Rd.</p>	<p>Second Monday 6 - 8 p.m. (EST)</p>	<p>In-Person</p>	<p>Jean jbarnas@alz.org or 248.996.1033</p>
<p><i>Caregiver Support Group</i></p> <p>SarahCare of Lakeside 13425 19 Mile Rd., Ste. 500 Sterling Heights</p>	<p>Second Thursday 3:30 - 5 p.m. (EST)</p> <p><i>Free onsite respite. Call Jean for more info 248.996.1033.</i></p>	<p>In-Person</p>	<p>Jean jbarnas@alz.org or 248.996.1033</p>
<p><i>Caregiver Support Group</i></p> <p>Rose Senior Living 44003 Partridge Creek Blvd Clinton Township</p>	<p>Third Wednesday 6:30 - 7:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Jean jbarnas@alz.org or 248.996.1033</p>
<p><i>Caregiver Support Group</i></p> <p>Village of East Harbor 33875 Kiely Dr., Chesterfield</p>	<p>Fourth Wednesday 3:30 - 5 p.m. (EST)</p>	<p>In-Person</p>	<p>Jean jbarnas@alz.org or 248.996.1033</p>

MARQUETTE COUNTY

<p><i>Caregiver Support Group</i></p> <p>Peter White Public Library 217 N Front St, Marquette</p>	<p>Second Saturday 11 a.m. - noon (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
MASON COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Scottville Area Senior Center 140 S Main St.</p>	<p>Second Thursday 11 a.m. - 12:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Ludington Senior Center 308 S. Rowe St.</p>	<p>Second Thursday 1 - 2:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Ruby Creek Conservation and Recreation Club 8152 E Washington Rd, Branch</p>	<p>Fourth Tuesday 6 - 7 p.m. (EST)</p> <p><i>Support Group on hold until the Conservation Club opens back up in March 2026</i></p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
MECOSTA COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Corewell Health Care Center <i>Community Room</i> 14755 215th Ave, Big Rapids</p>	<p>Third Wednesday 5 - 6:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
MIDLAND COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Right at Home In-Home Care & Assistance 7600 N Commerce Ct. Ste C, Midland</p>	<p>Second Tuesday 6 - 7 p.m. (EST)</p> <p><i>Meets in-person OR via zoom or telephone in Feb and Mar</i></p>	<p>In-Person</p> <p><i>(or zoom or telephone)</i></p>	<p>Helpline helplinegmc@alz.org</p>
MONROE COUNTY			

<p><i>Caregiver Support Group</i></p> <p>Frenchtown Center for Active Adults 2786 Vivian Rd., Monroe</p>	<p>Second Monday 1 - 2 p.m. (EST)</p> <p><i>Onsite respite available. Call Jean for more info 248.996.1033.</i></p>	In-Person	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>St. Therese Senior Living 620 W. Elm Ave, Monroe</p> <p><i>Enter through "A" Wing Entrance Meet in A Wing Community Room</i></p>	<p>Fourth Thursday 6 - 7 p.m. (EST)</p>	In-Person	<p>Helpline helplinegmc@alz.org</p>
MONTCALM COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Montcalm County Commission on Aging 613 N. State St., Stanton</p>	<p>First Thursday 1 - 2 p.m. (EST)</p>	In-Person	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Clay Street Center 913 S Clay St, Greenville</p>	<p>Second Tuesday 2:30 - 4 p.m. (EST)</p>	In-Person	<p>Helpline helplinegmc@alz.org</p>
MUSKEGON COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Muskegon Area</p>	<p>First Thursday 1 - 2:30 p.m. (EST)</p>	Zoom	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Groups</i></p> <p>Village at the Oaks 1740 Village Dr., Muskegon</p>	<p>Second Tuesday 10 - 11 a.m. (EST)</p>	In-Person	<p>Helpline helplinegmc@alz.org</p>
OAKLAND COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Mahany/Meininger Senior Community Center, 3500 Marais Ave., Royal Oak</p>	<p>First Monday 3 - 4 p.m. (EST)</p>	In-Person	<p>Helpline helplinegmc@alz.org</p>

<p><i>Caregiver Support Group</i></p> <p>Costick Activities Center 28600 W. 11 Mile Rd. Farmington Hills</p>	<p>Second Monday 6 - 7:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Kirk in the Hills 1340 W. Long Lake Rd. Bloomfield Twp.</p>	<p>Second Tuesday 10 - 11 a.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Orion Township Public Library 825 Joslyn Rd., Lake Orion</p>	<p>Second Tuesday 10:30 - 11:30 a.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i> <i>in partnership with Catholic</i> <i>Charities of SE MI</i></p> <p>Encore Adult Day Services 3621 Pontiac Lake Rd., Waterford</p>	<p>Second Tuesday noon - 1 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Early Stage -</i> <i>For Caregivers</i> In Birmingham, MI</p>	<p>Second and Fourth Tuesday 1 - 2 p.m. (EST)</p>	<p>In-Person</p>	<p>For pre-assessment, email helplinegmc@alz.org</p>
<p><i>Early Stage -</i> <i>For Persons Living with</i> <i>Dementia</i> In Birmingham, MI</p>	<p>Second and Fourth Tuesday 1 - 2 p.m. (EST)</p>	<p>In-Person</p>	<p>For pre-assessment, email helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Brown Program (partnership with Geshar Human Services and Jewish Senior Life) 29699 Southfield Rd, Southfield</p>	<p>Second Tuesday 1:30 - 3 p.m.(EST)</p>	<p>In-Person</p> <p><i>Enter through</i> <i>the main</i> <i>entrance that</i> <i>faces</i> <i>Southfield Rd.</i></p>	<p>Helpline helplinegmc@alz.org</p>

<p><i>Caregiver Support Group</i></p> <p>Bowen Senior Center 52 Bagley St., Pontiac</p>	<p>Second Wednesday 1 - 2 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i> <i>in partnership with Catholic Charities of SE MI</i></p> <p>Christ Lutheran Church 5987 Williams Lake Rd, Waterford</p>	<p>Third Monday 7 - 8 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Independence Twp Senior Community Center 6000 Clarkston Rd., Clarkston</p>	<p>Third Wednesday 3 - 4 p.m. (EST)</p> <p>Meets at the Carriage House across the parking lot from the Senior Center</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Oak Pointe Church 5200 W. 10 Mile Rd, Novi</p> <p>The meeting room sits on the property of the church - Call 800.272.3900 for specific directions</p>	<p>Third Wednesday 6 - 7:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
OGEMAW COUNTY			
<p><i>Caregiver Support Group</i></p> <p>MyMichigan Medical Center 2463 S. M-30, West Branch</p>	<p>Second Wednesday 2 - 3:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
OTTAWA COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Inclusive Ottawa County 4950 32nd Ave., Suite A Hudsonville</p>	<p>First Thursday 6:30 - 8 p.m. (EST)</p>	<p>In-Person</p>	<p>Susan Evans 231.267.6119</p>

<p><i>Caregiver Support Group</i></p> <p>Salvation Army of Holland Art Room, 104 Clover St.</p>	<p>Second Tuesday 1 - 2 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Coopersville United Methodist Church 105 68th Ave N</p>	<p>Second Tuesday 6:30 - 7:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Men's Caregiver Support Group</i></p> <p>Rivers Ace Hardware 1071 S. Beacon Blvd Grand Haven</p>	<p>Second Wednesday 10 - 11 a.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>United Methodist Church of the Dunes, 717 Sheldon Rd, Grand Haven</p>	<p>Third Monday 1 - 2:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Men's Discussion group</i></p> <p>Gemmen's Ace Hardware, 3488 Kelly St., Hudsonville</p>	<p>Third Tuesday 10:30 - 11:30 a.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>St. Paul's UCC 1401 S. Griffin St Grand Haven</p>	<p>Third Tuesday 6:30 - 7:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
SAGINAW COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Wickson District Library-Frankenmuth 359 S. Franklin St. #1598</p>	<p>Second Wednesday 10:30 a.m. - noon (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>

<p><i>Caregiver Support Group</i></p> <p>Edgewood Assisted Living 4850 Gratiot Road, Saginaw</p>	<p>Second Wednesday 2 - 3:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
SANILAC COUNTY			
<p>McKenzie Health System 120 Delaware St., Sandusky</p>	<p>First Friday 1 - 2 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
SHIAWASSEE COUNTY			
<p>Owosso Senior Center 300 N Washington St, Owosso</p>	<p>First Monday 3 - 4 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
ST. JOSEPH COUNTY			
<p><i>Caregiver Support Group</i></p> <p>St. Joseph County Commission on Aging, 1200 W. Broadway St., Three Rivers</p>	<p>First Tuesday 6 - 7:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
VAN BUREN COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Peace Evangelical Lutheran Church 06321 Blue Star Memorial Hwy, South Haven</p>	<p>Third Wednesday 6 - 7 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
WASHTENAW COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Gilbert Residence 203 S. Huron St., Ypsilanti</p>	<p>First Wednesday 3 - 4:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Kayla Jakel 248.996.1056</p>

<p><i>Caregiver Support Group (UJAA)</i> Ann Arbor Area</p>	<p>First Wednesday 3 - 5 p.m. (EST)</p>	<p>Zoom</p>	<p>Kayla Jakel 248.996.1056</p>
<p><i>Caregiver Support Group</i> King of Kings Lutheran Church 2685 Packard St., Ann Arbor</p>	<p>Second Monday 3 - 4:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Kayla Jakel 248.996.1056</p>
<p><i>Caregiver Support Group</i> Towsley Health Building IHA Senior Health 5361 McAuley Dr., Ypsilanti</p>	<p>Third Wednesday 3 - 4:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Kayla Jakel 248.996.1056</p>
<p><i>Caregiver Support Group</i> Chelsea Retirement Community Crippen Building 725 W. Middle St.</p>	<p>Third Thursday 2 - 3:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Kayla Jakel 248.996.1056</p>
<p><i>Lewy Body Dementia (LBD) Support Group for Caregivers and People Living with LBD</i> Michigan Alzheimer's Disease Center 2101 Commonwealth Blvd, Suite D, Ann Arbor</p>	<p>Fourth Thursday 2 - 3 p.m. (EST)</p>	<p>In-Person</p>	<p>To register, email Katie peilk@med.umich.edu <i>Hosted by Michigan Alzheimer's Disease Center's Rinne Lewy Body Dementia Initiative</i></p>
WAYNE COUNTY			
<p><i>Caregiver Support Group</i> Ward Church 40000 Six Mile Rd, Northville</p>	<p>First Tuesday 6:30 - 8 p.m. (EST)</p>	<p>In-Person</p>	<p>Kayla Jakel 248.996.1056</p>
<p><i>Caregiver Support Group</i> Livonia Senior Center 32001 Five Mile Road</p>	<p>First Thursday 10 - 11 a.m. (EST)</p>	<p>In-Person</p>	<p>Kayla Jakel 248.996.1056</p>

<p><i>Caregiver Support Group</i></p> <p>St. Paul Lutheran Church 2550 Edsel St., Trenton</p>	<p>First Thursday 7 - 8 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Trinity Health IHA - Geriatric Primary Care 19000 St Joe's Pkwy Suite 330, Livonia</p>	<p>Second Thursday 4 - 5 p.m. (EST)</p>	<p>In-Person</p>	<p>Kayla Jakel 248.996.1056</p>
<p><i>Caregiver Support Group</i></p> <p>Helm at the Boll Life Center, 158 Ridge Rd., Grosse Pointe Farms</p>	<p>Third Thursday 5 - 6:30 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>St. John Presbyterian Church 1961 E. Lafayette St, Detroit</p>	<p>Third Saturday 1 - 2 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p><i>Arabic- and English-Speaking</i></p>	<p>To be determined</p>	<p>Call or text</p>	<p>Donna Jawad 313.605.8933</p>

To register, visit alz.org/gmc/supportgroups or email helplinegmc@alz.org or call 800.272.3900