



Caregiver Support Group

Presented by:

Alzheimer's Association

Michigan

Second Tuesday of the Month
2:00 p.m. - 3:00 p.m.

Carman-Ainsworth Senior Center
2071 S Graham Rd
Flint, MI 48532

Contact Helpline for more information
800-272-3900
helplinegmc@alz.org

Visit alz.org/gmc to learn more about caregiver programs and resources. To further extend your network of support, visit ALZ connected®, our online community, at alzconnected.org.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.