

SUPPORT GROUPS

Contact our Helpline at 800.272.3900 or helplinegmc@alz.org with questions or to register.

Support Groups and their facilitators are not to be contacted for commercial purposes, solicitation or visits from anyone who is not currently caring for someone with dementia. All times listed are in Eastern Standard Time (EST).

Build a support system with people who understand. Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family & friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges, possible solutions and learn about community resources.
- Talk through issues and ways of coping.
- Share feelings, needs, ideas and concerns.

Location	Date/Time	Delivery method	Contacts
ZOOM / DIAL-IN OPTIONS (IN-PERSON, BY COUNTY BELOW)			
<i>Caregiver Support Group</i> Livonia/Farmington Hills/Southfield Area	Every Monday <i>(except for the 2nd Monday of each month)</i> 6 - 7:30 p.m.	Zoom	John R. 248.892.5565
<i>Early Stage - For Caregivers</i>	Every Tuesday <i>(except if there is a 5th week in the month)</i> 1 - 2:30 p.m.	Zoom	For pre-assessment contact Caitlin helplinegmc@alz.org
<i>Younger Onset - For Caregivers caring for an individual diagnosed under the age of 65</i>	First Thursday 5:30 - 7 p.m.	Zoom	Cindy Beller 586.453.1909
<i>IDD/Down Syndrome with Alzheimer's Caregiver Support</i>	Second Monday 6 - 7 p.m.	Zoom and Dial-In	Register here Or call Amara May 716. 241-0353 x 8979

<p><i>Early Stage - For Person Living with Dementia</i></p>	<p>Second and Fourth Tuesday 11 a.m. - noon</p>	<p>Zoom</p>	<p>For pre-assessment contact Caitlin helplinegmc@alz.org</p>
<p><i>Statewide Lewy Body Dementia (LBD) Caregiver Support Group</i></p> <p><i>Hosted by Michigan Alzheimer's Disease Center's Rinne Lewy Body Dementia Initiative</i></p>	<p>Second Tuesday 2 - 3 p.m.</p>	<p>Zoom</p>	<p>Register here or call Meagan 734.615.1715</p>
<p><i>Persons Living with Lewy Body Dementia (LBD) Group</i></p> <p><i>Hosted by Michigan Alzheimer's Disease Center's Rinne Lewy Body Dementia Initiative</i></p>	<p>Second Tuesday 3 - 4 p.m.</p>	<p>Zoom</p>	<p>Register here or call Meagan 734.615.1715</p>
<p><i>Lewy Body Dementia (LBD) Caregiver Support Group</i></p> <p><i>Hosted by Michigan Alzheimer's Disease Center's Rinne Lewy Body Dementia Initiative</i></p>	<p>Second Tuesday 6 - 7 p.m.</p>	<p>Zoom</p>	<p>Register here or call Meagan 734.615.1715</p>
<p><i>Grief After Dementia Caregiver Support Group</i></p> <p><i>In Partnership with Hospice of Michigan</i></p>	<p>Second Tuesday 6:30 - 7:30 p.m.</p>	<p>Zoom</p>	<p>Ali Irwin 989-705-2603</p>
<p><i>Frontotemporal Dementia (FTD) Caregiver Support Group</i></p> <p><i>Hosted by The Association for Frontotemporal Dementia</i></p>	<p>Second Thursday 7:30 - 8:30 p.m. & 4th Saturday 11 a.m. - noon</p>	<p>Zoom</p>	<p>Marian Grems, Karen Henning & Amy Tracy Wells 517.214.2626</p>

<p><i>Individuals with Early Stage Dementia or Mild Cognitive Impairment (MCI)</i></p> <p><i>Hosted by Michigan Alzheimer's Disease Center Wellness Initiative</i></p>	<p>Third Tuesday 3 - 4 p.m.</p>	<p>Zoom</p>	<p>Register here or call Meagan 734.615.1715</p>
<p><i>Caregiver Support Group Open to the Jewish Community</i></p> <p><i>Hosted by Temple Israel (No Membership Required To Attend)</i></p>	<p>Fourth Tuesday 10 - 11 a.m. (EST)</p>	<p>Zoom</p>	<p>Register here or call Laura, Family Life Center 248.661.5700</p>
<p><i>Down Syndrome/Alzheimer's/Dementia Caregiver Support Group</i></p>	<p>Fourth Tuesday 6 - 7 p.m.</p>	<p>Zoom and Dial-In</p>	<p>Register here Or call Missy Rouse 614.643.2135</p>
<p><i>Caregiver Support Group</i></p>	<p>Fourth Wednesday 3:30 - 4:30 p.m. (CNT)</p>	<p>Zoom and Dial-In</p>	<p>Alicia C. 906.932.1500 Ext. 27543</p>
<p><i>Caregiver Support Group</i></p> <p>Brown Program (partnership with Gesher Human Services and Jewish Senior Life)</p>	<p>Fourth Thursday 1:30 - 2:30 p.m.</p>	<p>Zoom</p>	<p>Sharilyn Rowe Srowe@jslmi.org</p>
<p><i>Frontotemporal Degeneration Caregiver Support Group</i></p> <p><i>Open to All across the nation</i></p>	<p>Fourth Thursday 6 - 7:30 p.m.</p>	<p>Zoom and Dial-In</p>	<p>Register here or call 800.272.3900</p>
<p><i>Caregiver Support Group</i></p>	<p>Fourth Thursday 7 - 8 p.m.</p>	<p>Zoom and Dial-In</p>	<p>Claire Fisher 616.459.7467 x 8495</p>

ALPENA COUNTY

<p><i>You Are Not Alone Caregiver Support Group</i></p> <p>Alpena Senior Center 501 River Street</p>	<p>First and Third Thursday 4 - 5 p.m.</p>	<p>In-Person</p>	<p>Annie Hepburn 989.356.3585</p>
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BAY COUNTY

<p><i>Caregiver Support Group</i></p> <p>Golden Horizons Adult Day Care Center 1001 Marsac Street, Bay City</p>	<p>Second Tuesday 6 - 8 p.m.</p>	<p>In-Person</p>	<p>Stacy McIntyre 989.892.6644</p>
<p><i>Caregiver Support Group</i></p> <p>Grace Church, 4267 2 Mile Rd, Bay City</p>	<p>First Wednesday 4 - 5:30 p.m.</p>	<p>In-Person</p>	<p>Marty Doring 989.684.1101</p>
<p><i>Caregiver Support Group</i></p> <p>Brookdale Senior Living of Bay City, 720 N Pine Rd</p>	<p>Third Wednesday 6:30 - 8 p.m.</p>	<p>In-Person</p>	<p>Bambi Straebel 989.297.2361</p>

BERRIEN COUNTY

<p><i>Caregiver Support Group</i></p> <p>Bridgman Public Library, 4460 Lake Street</p>	<p>Last Tuesday 2 - 3:30 p.m.</p>	<p>In-Person</p>	<p>Deb Clark 269-208-8340</p>
<p><i>Caregiver Support Group</i></p> <p>Campus for Creative Aging 2920 Lakeview Avenue, St. Joseph</p>	<p>Second Tuesday 2 - 3:30PM</p>	<p>In-Person</p>	<p>Deb Clark 269-208-8340</p>

CALHOUN COUNTY

<p><i>Caregiver Support Group</i></p> <p>Heritage Commons 15885 W Michigan Ave, Marshall</p> <p><i>Hosted by Oaklawn Medical Group</i></p>	<p>First Wednesday 3 - 4:00 p.m.</p>	<p>In-Person</p>	<p>Sherri Seifert 269.789.7637 sseifert@oaklawnhospital.com</p> <p><i>Registration not required but requested via email or phone</i></p>
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CHARLEVOIX COUNTY

<p><i>Lewy Body Dementia (LBD) Support Group for Caregivers and People Living with LBD</i></p> <p>Boyne District Library, 201 E Main Street, Boyne City</p>	<p>Second Tuesday 1 - 3 p.m.</p>	<p>In-Person</p>	<p>Mary Whitlock 231.350.8283 or marywhitlock51@gmail.com</p> <p><i>Hosted by Michigan Alzheimer's Disease Center's Rinne LBD Initiative</i></p>
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CHIPPEWA COUNTY

<p><i>Caregiver Support Group</i></p> <p>CLM - Community Action, Calery Center, 524 Ashmun St. Sault Ste. Marie</p>	<p>Second Thursday 10 - 11 a.m.</p>	<p>In-Person</p>	<p>Sandra Hall 906.632.3363 ext. 120</p>
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CLINTON COUNTY

<p><i>Caregiver Support Group</i></p> <p>Pilgrim United Methodist Church, 2965 West Parks Rd., St. Johns</p>	<p>1st Monday 7 - 8 p.m.</p>	<p>In-Person</p>	<p>Claire Fisher 616.459.7467 x 8495</p>
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DICKINSON COUNTY

<p><i>Caregiver Support Group</i></p> <p>DICSA, 1238 Carpenter Ave. Iron Mountain</p>	<p>Third Thursday 2 - 3 p.m. (CNT)</p>	<p>In-Person</p>	<p>Tammy T. 906.774.8032</p>
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EATON COUNTY

<p><i>Mens Only Caregiver Discussion Group</i></p> <p>Delta Enrichment Center, 4538 Elizabeth Rd., Lansing</p>	<p>Third Wednesday 10 a.m. - noon</p>	<p>In-Person/ Zoom</p>	<p>Nicole Hourani 269.487.9700</p>
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EMMET COUNTY

<p><i>Caregiver Support Group</i></p> <p>Friendship Center of Petoskey 1322 Anderson Rd.</p>	<p>Second Wednesday 2 - 3:30 p.m.</p>	<p>In-Person</p>	<p>Suzanne Holguin 231.347.3211 ext. 34</p>
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GENESEE COUNTY

<p><i>Caregiver Support Group</i></p> <p>Flushing Area Senior Center 106 Elm St.</p>	<p>First Thursday 2 - 3 p.m.</p>	<p>In-Person</p>	<p>Dawn Shurter 810.394.0974</p>
<p><i>Caregiver Support Group</i></p> <p>Davison Area Senior Center, 10135 Lapeer Rd.</p>	<p>Second Thursday 10 a.m. - noon</p>	<p>In-Person</p>	<p>Sue Purdy 810.603.1974</p> <p>Bonnie Guith 810.869.4722</p>
<p><i>Caregiver Support Group</i></p> <p>Clio Senior Center, 2136 W Vienna Rd.</p>	<p>Third Monday 6:30 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Dawn Shurter 810.394.0974</p>

GLADWIN COUNTY

<p><i>Caregiver Support Group</i></p> <p>Mid-Michigan Medical Center, 609 Quarter St., Gladwin</p>	<p>Third Wednesday 4 - 5 p.m.</p>	<p>In-Person</p>	<p>Mary Griffore 989.246.6388</p>
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GRAND TRAVERSE COUNTY

<p><i>Caregiver Support Group</i></p> <p>Northern Michigan Alzheimer's Association Office 921 W. 11th St., Suite 1W Traverse City</p>	<p>Third Friday 1 - 2:30 p.m.</p>	<p>In-Person</p>	<p>Email helplinegmc@alz.org for more info</p>
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GRATIOT COUNTY

<p><i>Caregiver Support Group</i></p> <p>Mid-Michigan Health, 300 E. Warwick Dr., Alma</p>	<p>Third Wednesday 4:30 - 5:30 p.m.</p>	<p>In-Person</p>	<p>Michelle Miller 989.466.3378</p>
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HILLSDALE COUNTY

<p><i>Caregiver Support Group</i></p> <p>Perennial Park/Hillsdale Senior Center, 320 W. Bacon St.</p>	<p>Fourth Wednesday 2 - 3:30 p.m.</p>	<p>In-Person</p>	<p>Perennial Park 517.437.2422 Nicole Hourani 269.487.9700</p>
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INGHAM COUNTY

<p><i>Caregiver Support Group</i></p> <p>Faith Lutheran Church 4515 Dobie Rd., Okemos</p>	<p>First Thursday 7 - 8:30 p.m.</p>	<p>In-Person/Zoom</p>	<p>Bertha Bullen 517. 512.3587</p>
<p><i>Caregiver Support Group</i></p> <p>Burcham Hills Retirement Community, 2nd Floor Private Dining Room 2700 Burcham Dr., East Lansing</p>	<p>Second Thursday 4:00 - 5:00 p.m.</p>	<p>In-Person</p>	<p>Jim Kruse 517.512.3650</p>
<p><i>Caregiver Support Group</i></p> <p>First United Methodist of Mason 201 E. Ash St., Mason</p>	<p>Third Monday 5:30 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Nicole Hourani 269.487.9700</p>

IONIA COUNTY

<i>Caregiver Support Group</i> Ionia County	Third Tuesday 11:30 - 12:30 p.m.	In-Person & Dial-In	Rachel Yenchar 616.527.5365 ext. 468
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ISABELLA COUNTY

<i>Caregiver Support Group</i> Isabella County Commission on Aging 2200 S. Lincoln Rd, Mt. Pleasant	First Monday 6 - 7:30 p.m.	In-Person	Susan Evans 231.267.6119
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KALAMAZOO COUNTY

<i>Caregiver Support Group</i> Portage Zhang Senior Center 203 East Centre Avenue Portage, MI	Second Tuesday 6 - 7:30 p.m.	In-Person & Zoom	Sharon Ritchie 269-532-2833
<i>Caregiver Support Group</i> Memory Care Learning Center, 300 Golden Drive Kalamazoo, MI	Fourth Tuesday 9:30 - 10:30 a.m.	In-Person	Heather Renter 269.226.6325 ext. 8153

KENT COUNTY

<i>Caregiver Support Group</i> Grand Rapids Area	First Wednesday 6:30 - 8 p.m.	Zoom	Susan Woolner 616.685.5201
<i>Caregiver Support Group</i> Trinity Health, 245 Cherry st. SE, Grand Rapids, MI	Second Wednesday 6:30 - 8 p.m.	In-Person	Susan Woolner 616.685.5201

<p><i>Caregiver Support Group</i> SarahCare, 2211 E Beltline Ave. NE, Grand Rapids</p>	<p>First Thursday 12:30 - 2:30 p.m.</p>	<p>In-Person</p>	<p>Hadrlene Gedris 616.949.4709</p>
<p><i>Grupo de apoyo para cuidadores En español</i> Exalta Health, 2060 Division Ave. S., Grand Rapids</p>	<p>cada tercer martes del mes 5:30 - 6:30 p.m.</p>	<p>en persona</p>	<p>Teresa Cruz-Vega 616.589.2820</p>
<p><i>Younger Onset - For Caregivers</i> Grand Rapids Area</p>	<p>Second Tuesday 7 - 8:30 p.m.</p>	<p>Zoom</p>	<p>Sharon Koets 616.822.5481</p>
<p><i>Caregiver Support Group</i> St. Paul's United Methodist Church, 3334 Breton Rd. SE, Grand Rapids</p>	<p>Second Thursday 11 a.m. - noon</p>	<p>In-Person</p>	<p>Theresa Wilson 616.278.6526</p>
<p><i>Caregiver Support Group</i> SarahCare, 2211 E Beltline Ave. NE, Grand Rapids</p>	<p>Third Thursday 12:30 - 2:30 p.m.</p>	<p>In-Person</p>	<p>Harlene Gedris 616.949.4709</p>
<p><i>Caregiver Support Group</i> Grand Rapids Area</p>	<p>Third Saturday 11 a.m. - noon</p>	<p>Zoom</p>	<p>St. Luke AME Zion Church 616.452.7227</p>
<p><i>Caregiver Support Group Aging with Down Syndrome</i> Down Syndrome Association of West Michigan, 160 68th St. SW, Grand Rapids</p>	<p>Fourth Monday 6:30 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Tom Hackett 616.724.4760</p>

<p><i>Caregiver Support Group</i></p> <p>Russ' Restaurant, 6444 Division Ave. S, Grand Rapids</p>	<p>Fourth Tuesday 9:30 - 11:00 a.m.</p>	<p>In-Person</p>	<p>Kendra Schumaker 616.530.6700</p>
LAPEER COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Marguerite DeAngeli Library 921 W. Nepessing St., Lapeer</p>	<p>Second Wednesday 6 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Amy Denise 810.732.8500</p>
LEELANAU COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Leland Township Library 203 Cedar St E.</p>	<p>Second Tuesday Noon - 1 p.m.</p>	<p>In-Person</p>	<p>Erin Gysbers 231.256.0221 ext. 305</p>
<p><i>Caregiver Support Group</i></p> <p>Leelanau County</p>	<p>Fourth Wednesday 2 - 3 p.m.</p>	<p>Zoom</p>	<p>Victoria Maggio 231.256.8123</p>
LENAWEE COUNTY			
<p><i>Caregiver Support Group</i> <i>Free respite while you attend the meeting</i></p> <p>First United Methodist Church 1245 W. Maple Ave., Adrian</p>	<p>Second Monday 2 - 3:30 p.m.</p>	<p>In-Person</p>	<p>Tammy Jewell 517.280.5001</p>
<p><i>Caregiver Support Group</i></p> <p>Cambrian Senior Living 333 N. Occidental Hwy, Tecumseh</p>	<p>Fourth Thursday 3 - 4 p.m. (EST)</p>	<p>In-Person</p>	<p>Angela Luckadoo 517-423-5300 (ext. 1322)</p>
LIVINGSTON COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Independence Village of Brighton Valley 7700 Nemco Way, Brighton</p>	<p>First Monday 6:30 - 8 p.m.</p>	<p>In-Person</p>	<p>Contact Helpline to register 800.272.3900 or helplinegmc@alz.org</p>

<p><i>Caregiver Support Group</i></p> <p>Livingston Educational Service Agency (LESA), 1425 W. Grand River Rd., Howell</p>	<p>First Tuesday 3 - 4:30 p.m.</p>	<p>In-Person</p>	<p>Contact Helpline to register 800.272.3900 or helplinegmc@alz.org</p>
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MACOMB COUNTY

<p><i>Caregiver Support Group</i></p> <p>Shelby Twp. Activities Center 14975 21 Mile Rd, Shelby Twp.</p>	<p>Second Monday 6 - 7 p.m.</p>	<p>In-Person</p>	<p>Deb R. mittdb@icloud.com</p>
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<p><i>Early Stage - For Caregivers and People Living with Dementia</i></p> <p>SarahCare of Lakeside 13425 19 Mile Rd., Ste. 500 Sterling Heights</p>	<p>Second Wednesday 5:30 - 6:30 p.m.</p>	<p>In-Person</p>	<p>For pre-assessment contact Caitlin helplinegmc@alz.org</p>
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<p><i>Caregiver Support Group</i></p> <p>SarahCare of Lakeside 13425 19 Mile Rd., Ste. 500 Sterling Heights</p>	<p>Second Thursday 3:30 - 5 p.m.</p>	<p>In-Person</p>	<p>SarahCare of Lakeside 586.731.2273</p>
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<p><i>Caregiver Support Group</i></p> <p>Rose Senior Living 44003 Partridge Creek Blvd Clinton Township</p>	<p><i>Begins March 19</i> Third Tuesday 6:30 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Brittany Golson brittany_golson@roseseni orliving.com</p>
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<p><i>Caregiver Support Group</i></p> <p>Village of East Harbor 33875 Kiely Dr., Chesterfield</p>	<p>Fourth Wednesday 3:30 - 5 p.m.</p>	<p>In-Person</p>	<p>Ann Marie Hart 586.725.6050</p>
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MASON COUNTY

<p><i>Caregiver Support Group</i></p> <p>Scottville Area Senior Center 140 S Main St.</p>	<p>Second Thursday 11 a.m. - 12:30 p.m.</p>	<p>In-Person</p>	<p>Nancy Hicks 517.513.1059</p>
<p><i>Caregiver Support Group</i></p> <p>Ludington Senior Center 308 S. Rowe St.</p>	<p>Second & Fourth Thursday 1 - 2:30 p.m.</p>	<p>In-Person and Zoom</p>	<p>Nancy Hicks 517.513.1059</p>
MECOSTA COUNTY			
<p><i>Caregiver Support Group</i></p> <p>ResLife Church, 14734 215th Ave., Big Rapids</p>	<p>Second Tuesday 3 - 4:30 p.m.</p>	<p>In-Person</p>	<p>Donette Neal 231.796.3185</p>
MIDLAND COUNTY			
<p><i>Midland Area Caregiver Support Group</i></p> <p>Grace A Dow Memorial Library 1710 W St Andrews Rd, Midland</p>	<p>First & Third Thursday 1 - 2:30 p.m.</p>	<p>In-Person</p>	<p>Kendra Raub 989.837.3453</p>
MISSAUKEE COUNTY			
<p><i>Caregiver Support Group</i></p> <p>St. Stephen Catholic Church 506 Union St., Lake City</p>	<p>First Friday 1 - 2 p.m.</p>	<p>In-Person</p>	<p>Lewis Beaver 231.846.5303</p>
MONROE COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Aspen Grove, 7515 Secor Rd., Lambertville</p>	<p>Third Wednesday 2 - 3 p.m.</p>	<p>In-Person</p>	<p>Jim Puhl 419.708.8644 Christine Pierce 734.856.4400</p>

<p><i>Caregiver Support Group</i></p> <p>Trinity Lutheran Church 323 Scott St., Monroe</p>	<p>Fourth Thursday 6 - 7 p.m.</p>	<p>In-Person</p>	<p>Nancy 734.755.8303</p>
MONTCALM COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Montcalm County Commission on Aging 613 N. State St., Stanton</p>	<p>First Thursday 1 - 2 p.m.</p>	<p>In-Person</p>	<p>Pamela Shock 989.831.7476 option #3</p>
MUSKEGON COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Muskegon Area</p>	<p>First Thursday 1 - 2:30 p.m.</p>	<p>Zoom</p>	<p>Susan Woolner 734.620.0942</p>
<p><i>Caregiver Support Groups</i></p> <p>Village at the Oaks 1740 Village Dr., Muskegon</p>	<p>Second Tuesday 10 - 11 a.m. (EST)</p>	<p>In-Person</p>	<p>Susan Evans 231.267.6119</p>
OAKLAND COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Mahany/Meininger Senior Community Center, 3500 Marais Ave., Royal Oak</p>	<p>First Monday 3 - 4 p.m.</p>	<p>In-Person</p>	<p>Carolyn Marsh 248.246.3900</p>
<p><i>Caregiver Support Group</i></p> <p>Costick Activities Center 28600 W. 11 Mile Rd. Farmington Hills</p>	<p>Second Monday 6 - 7:30 p.m.</p>	<p>In-Person</p>	<p>John R. 248.892.5565</p>
<p><i>Caregiver Support Group</i></p> <p>Kirk in the Hills, 1340 W. Long Lake Rd., Bloomfield Twp.</p>	<p>Second Tuesday 10 - 11 a.m.</p>	<p>In-Person</p>	<p>Treena Horton 248.996.1058</p>

<p><i>Caregiver Support Group</i></p> <p>Orion Township Public Library 825 Joslyn Rd., Lake Orion</p>	<p>Second Tuesday 10:30 - 11:30 a.m.</p>	<p>In-Person</p>	<p>Beth Sheridan 248.693.3000</p>
<p><i>Caregiver Support Group</i></p> <p>Waterford Senior Center 3621 Pontiac Lake Rd.</p>	<p>Second Tuesday noon - 1 p.m.</p>	<p>In-Person</p>	<p>Erin Asdell 248.682.9450</p>
<p><i>Caregiver Support Group</i></p> <p>Brown Program (partnership with Geshher Human Services and Jewish Senior Life) 29699 Southfield Rd, Southfield <i>Enter through the main entrance that faces Southfield Rd</i></p>	<p>Second Tuesday 1:30 - 2:30 p.m.</p>	<p>In-Person</p>	<p>Jessica Gibson jgibson@geshermi.org</p>
<p><i>Caregiver Support Group</i></p> <p>Bowen Senior Center 52 Bagley St., Pontiac</p>	<p>Second Wednesday 1 - 2 p.m.</p>	<p>In-Person</p>	<p>Treena Horton 248.996.1058</p>
<p><i>Caregiver Support Group</i></p> <p>Cambrian Senior Living, 52365 10 Mile Rd., South Lyon</p>	<p>Second Wednesday 4 - 5:30 p.m.</p>	<p>In-Person</p>	<p>Karen Sonnett 248.344.0001 ext. 2229</p>
<p><i>Younger Onset - For Caregivers</i></p> <p>Birmingham NEXT 2121 Midvale St.</p>	<p>Second & Fourth Thursday 5:30 - 7 p.m.</p> <p><i>During these months only: March, April, May, June, Sept, Oct, Nov, Dec</i></p>	<p>In-Person</p>	<p>Cindy Beller 586.453.1909</p>
<p><i>Caregiver Support Group</i></p> <p>Waterford Senior Ctr. 3621 Pontiac Lake Rd.</p>	<p>Third Monday 7 - 8 p.m.</p>	<p>In-Person</p>	<p>Erin Asdell 248.682.9450</p>

<p><i>Caregiver Support Group</i></p> <p>Independence Township Senior Citizens 6000 Clarkston Rd., Clarkston</p>	<p>Third Wednesday 3 - 4 p.m.</p>	<p>In-Person</p>	<p>Elizabeth Risner 810.931.0636</p>
OCEANA COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Shelby Area District Library 189 Maple Street, Shelby</p>	<p>First Wednesday 10 - 11 a.m.</p>	<p>In-Person</p>	<p>Jamie Medema 616.612.8568</p>
OSCEOLA COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Corewell Health 300 N Patterson Rd, Reed City</p>	<p>Third Wednesday 5 - 6:30 p.m.</p>	<p>In-Person</p>	<p>Denise Tinkham 231-796-9556</p>
OTTAWA COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Coopersville United Methodist Church, 105 68th Ave N</p>	<p>Second Tuesday 6:30 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Mary Beth Visniski 616.745.9028</p>
<p><i>Mens only discussion group</i></p> <p>Gemmen's Ace Hardware, 3488 Kelly St., Hudsonville</p>	<p>Third Tuesday 10:30 - 11:30 a.m.</p>	<p>In-Person</p>	<p>Brian Nitz 616.822.1174</p>
<p><i>Holland Area Caregiver Support Group</i></p> <p>Salvation Army of Holland Art Room, 104 Clover St.</p>	<p>Third Tuesday 1 - 2 p.m.</p>	<p>In-Person</p>	<p>Susan Evans 231.267.6119</p>
<p><i>Caregiver Support Group</i></p> <p>Second Reformed Church Library, 1000 Waverly Ave., Grand Haven</p>	<p>Third Tuesday 6:30 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Susan Thorpe 248.310.2312</p>

<p><i>Caregiver Support Group</i></p> <p>United Methodist Church of the Dunes, 717 Sheldon Rd, Grand Haven</p>	<p>Last Monday 1 - 2:30 p.m.</p>	<p>In-Person</p>	<p>Susan Thorpe 248.310.2312</p>
SAGINAW COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Winter Village 255 Mayer Rd, Frankenmuth</p>	<p>First Monday 2:00 - 3:00 p.m.</p>	<p>In-Person</p>	<p>Robin Rappley 989.274.0815</p>
<p><i>Caregiver Support Group</i></p> <p>Wickson District Library-Frankenmuth 359 S. Franklin St. #1598</p>	<p>Second Monday 10:30 a.m. - noon</p>	<p>In-Person</p>	<p>Sandy Muehlfeld 989.652.9512</p>
<p><i>Caregiver Support Group</i></p> <p>Edgewood Assisted Living 4850 Gratiot Road, Saginaw</p>	<p>Second Wednesday 2 - 3:30 p.m.</p>	<p>In-Person</p>	<p>Bambi Straebel 989.297.2361</p>
<p><i>Caregiver Support Group</i></p> <p>Community Village 3200 Hospital Rd, Saginaw</p>	<p>Second Thursday 2 - 3 p.m.</p>	<p>In-Person</p>	<p>Robin Rappley 989.274.0815</p>
<p><i>Caregiver Support Group</i></p> <p>Adira Nursing and Rehab 3200 State St., Saginaw</p>	<p>Last Wednesday 6:30 - 8 p.m.</p>	<p>In-Person</p>	<p>Bambi Straebel 989.297.2361</p>
SANILAC COUNTY			
<p>McKenzie Health System 120 Delaware St., Sandusky</p>	<p>1st Friday 1 - 2 p.m.</p>	<p>In-Person</p>	<p>Alecia Parks 810.648.0580</p>

ST CLAIR COUNTY

St. Clair County Council on Aging, Inc., 600 Grand River Ave. Port Huron	4th Tuesday 1 - 2 p.m.	In-Person	Brian Larsen 810.984.8970
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ST. JOSEPH COUNTY

<i>Caregiver Support Group</i> St. Joseph County Commission on Aging, 1200 W. Broadway St., Three Rivers	First Tuesday 6 - 7:30 p.m.	In-Person	Carol Ruggles 269.816.0430
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VAN BUREN COUNTY

<i>Caregiver Support Group</i> Peace Evangelical Lutheran Church 06321 Blue Star Memorial Hwy, South Haven, MI 49090	Third Wednesday 6 - 7 p.m.	In-Person	Nicole Hourani 269.487.9700
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WASHTENAW COUNTY

<i>Caregiver Support Group</i> Gilbert Residence 203 S. Huron St., Ypsilanti	First Wednesday 3 - 4:30 p.m.	In-Person	Debi Lowry 734.223.8155
<i>Caregiver Support Group (UUAA)</i> Ann Arbor Area	First Wednesday 3 - 5 p.m.	Zoom	Priscilla Spencer 734.663.1874
<i>Caregiver Support Group</i> King of Kings Lutheran Church 2685 Packard St., Ann Arbor	Second Monday 3 - 4:30 p.m.	In-Person	Contact Helpline to register 800.272.3900 or helplinegmc@alz.org
<i>Caregiver Support Group</i> Brecon Village Dottie Crim Adult Day Program, 200 Brecon Dr., Saline	Second Wednesday 6:30 - 8 p.m.	In-Person	Contact Helpline to register 800.272.3900 or helplinegmc@alz.org

<p><i>Caregiver Support Group</i></p> <p>Towsley Health Building IHA Senior Health 5361 McAuley Dr., Ypsilanti</p>	<p>Third Wednesday 3 - 4:30 p.m.</p>	<p>In-Person</p>	<p>Sandi Valenti 734.712.5008</p>
<p><i>Caregiver Support Group</i></p> <p>Chelsea Retirement Community Crippen Building 725 W. Middle St.</p>	<p>Third Thursday 2 - 3:30 p.m.</p>	<p>In-Person</p>	<p>Linda Madden 734.433.1000 ext. 3711</p>
<p><i>Lewy Body Dementia (LBD) Support Group for Caregivers and People Living with LBD</i></p> <p>Michigan Alzheimer's Disease Center 2101 Commonwealth Boulevard, Suite D, Ann Arbor</p>	<p>Fourth Thursday 2 - 3 p.m.</p>	<p>In-Person</p>	<p>To register, call Meagan 734.615.1715</p> <p><i>Hosted by Michigan Alzheimer's Disease Center's Rinne Lewy Body Dementia Initiative</i></p>

WAYNE COUNTY

<p><i>Caregiver Support Group</i></p> <p>Ward Church 40000 Six Mile Rd, Northville</p>	<p>First Tuesday 6:30 - 8 p.m.</p>	<p>In-Person</p>	<p>Roxanne 734.776.4466</p>
<p><i>Caregiver Support Group</i></p> <p>Livonia Senior Center 15218 Farmington Rd.</p>	<p>First Thursday 10 - 11 a.m.</p>	<p>In-Person</p>	<p>Christine Flacks 313.689.3456</p>
<p><i>Caregiver Support Group</i></p> <p>St. Paul Lutheran Church 2550 Edsel St., Trenton</p>	<p>First Thursday 7 - 8 p.m.</p>	<p>In-Person</p>	<p>Contact Helpline to register 800.272.3900 or helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Villages of Westland 32001 Cherry Hill Rd, Westland</p>	<p><i>Begins April 9</i> Second Tuesday 6:30 - 7:30 p.m.</p>	<p>In-Person/Zoom</p>	<p>Gabby Schropp 734.292.0014</p>

<p><i>Caregiver Support Group</i> Detroit Area</p>	<p>Third Thursday noon - 1 p.m.</p>	<p>Phone/Dial-In</p>	<p>Sonya Bell 313.682.4793</p>
<p><i>Caregiver Support Group</i> Helm at the Boll Life Center, 158 Ridge Rd., Grosse Pointe Farms</p>	<p>Third Thursday 5 - 6:30 p.m.</p>	<p>In-Person</p>	<p>Carolyn Van Dorn 313.642.1122</p>
<p><i>Caregiver Support Group</i> <i>Arabic- and English-Speaking</i></p>	<p>Call Donna for info 313.605.8933</p>	<p>Call Donna for info 313.605.8933</p>	<p>Donna Jawad 313.605.8933</p>
<p><i>Caregiver Support Group</i> <i>Arabic- and English-Speaking</i></p>	<p>Call Donna for info 313.605.8933</p>	<p>Call Donna for info 313.605.8933</p>	<p>Donna Jawad 313.605.8933</p>

To register, visit alz.org/gmc/supportgroups or email helplinegmc@alz.org or call 800.272.3900