

FREE EDUCATION PROGRAMS

Please contact our 24/7 Helpline at 800.272.3900 or helplinegmc@alz.org with questions or to register. **To view a free pre-recorded education program at your own pace, click here:** <https://training.alz.org/>

AUGUST - OCTOBER 2023

| Educational Topic | Location | Date/Time | Link & Dial-in Information |
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| <p>Living with Alzheimer's: For People Living with Alzheimer's</p> <p>(3- part series: Come to any or all of the programs!)</p> <p><i>In Person viewing party at Ionia County Commission on Aging</i></p> | <p>Virtual</p> <p>Ionia County Commission on Aging 115 Hudson St, Ionia</p> | <p>Thursday July 27, August 3, August 10 12:30 - 2 p.m. (EST)</p> | <p>Click here to register</p> <p>Or call Helpline at 800.272.3900</p> |
| <p>Understanding Alzheimer's and Dementia</p> | <p>In Person and/or Zoom</p> <p>Kalamazoo Literacy Council: Goodwill Industries of Southwest MI 420 E. Alcott St., Kalamazoo</p> | <p>Wednesday August 2 9 - 10:30 a.m. (EST)</p> | <p>Click here to register</p> <p>Or call Helpline at 800.272.3900</p> |
| <p>Brain Health 101 - LGBTQ+ Thrive with Pride Webinar Series</p> | <p>Zoom</p> | <p>Wednesday August 9 4 - 5 p.m. (PST)</p> | <p>Click here to register</p> <p>Or call Helpline at 800.272.3900</p> |
| <p>Understanding Alzheimer's and Dementia</p> | <p>In Person and/or Zoom</p> <p>Kalamazoo Literacy Council: Goodwill Industries of Southwest MI 420 E. Alcott St., Kalamazoo</p> | <p>Friday August 11 9 - 10:30 a.m. (EST)</p> | <p>Click here to register</p> <p>Or call Helpline at 800.272.3900</p> |
| <p>Understanding Alzheimer's and Dementia</p> | <p>In Person</p> <p>Christian Care Assisted Living 1530 McLaughlin, Muskegon</p> | <p>Friday August 11 6 - 6:30 p.m. (EST)</p> | <p>Click here to register</p> <p>Or call Helpline at 800.272.3900</p> |

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| <p>10 Warning Signs of Alzheimer's</p> | <p>In Person Christian Care Assisted Living 1530 McLaughlin, Muskegon</p> | <p>Friday August 11 6:30 - 7 p.m. (EST)</p> | <p>Click here to register Or call Helpline at 800.272.3900</p> |
| <p>Dementia Conversations: Driving, Doctor Visits, Legal & Financial Planning</p> | <p>In Person Dexter Senior Center 7720 Ann Arbor St.</p> | <p>Monday August 14 noon - 1 p.m. (EST)</p> | <p>Click here to register Or call Helpline at 800.272.3900</p> |
| <p>Understanding Alzheimer's and Dementia</p> | <p>In Person Hamtramck Library 2360 Caniff</p> | <p>Tuesday August 15 6 - 7 p.m. (EST)</p> | <p>Contact Helpline to register 800.272.3900 or helplinegmc@alz.org</p> |
| <p>10 Warning Signs of Alzheimer's</p> | <p>In Person and/or Zoom Kalamazoo Literacy Council: Goodwill Industries of Southwest MI 420 E. Alcott St., Kalamazoo</p> | <p>Wednesday August 16 9 - 10:30 a.m. (EST)</p> | <p>Click here to register Or call Helpline at 800.272.3900</p> |
| <p>Living With Alzheimer's: For Caregivers - Middle-Stage (3-part series)</p> | <p>In Person Four Pointes Center for Successful Aging 1051 S. Beacon Blvd., Grand Haven</p> | <p>Thursdays August 17 (Part 1) August 24 (Part 2) August 31 (Part 3) 1 - 2:30 p.m. (EST)</p> | <p>Part 1 Registration Part 2 Registration Part 3 Registration Or call Helpline at 800.272.3900</p> |
| <p>Healthy Living for Your Brain and Body: Tips from the Latest Research</p> | <p>In Person River Rouge Public Library 221 Burke St.</p> | <p>Tuesday August 22 1 - 2 p.m. (EST)</p> | <p>Contact Helpline to register 800.272.3900 or helplinegmc@alz.org</p> |
| <p>Healthy Living for Your Brain and Body: Tips from the Latest Research</p> | <p>In Person and/or Zoom Kalamazoo Literacy Council: Goodwill Industries of Southwest MI</p> | <p>Wednesday August 23 9 - 10:30 a.m. (EST)</p> | <p>Click here to register Or call Helpline at 800.272.3900</p> |

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| | 420 E. Alcott St., Kalamazoo | | |
| Living With Alzheimer's: For Caregivers - Late-Stage (2- part series: Come to any or all of the programs!) | In Person Taylor Community Library 12303 Pardee Rd. | Wednesday August 23 & September 20 6 - 7 p.m. (EST) | Contact Helpline to register 800.272.3900 or helplinegmc@alz.org |
| Healthy Living for Your Brain and Body: Tips from the Latest Research | In Person Hollister Senior Center 1505 Michigan Ave., Baldwin | Monday August 28 10 - 11 a.m. (EST) | Click here to register Or call Helpline at 800.272.3900 |
| Understanding Alzheimer's and Dementia | In Person Disability Network of SW Michigan 517 E Crosstown Pkwy Kalamazoo | Monday August 28 11 a.m. - noon (EST) | Click here to register Or call Helpline at 800.272.3900 |
| Healthy Living for Your Brain and Body: Tips from the Latest Research | In Person Osceola County Commission on Aging 215 S. Division St., Hersey | Tuesday August 29 10 - 11 a.m. (EST) | Click here to register Or call Helpline at 800.272.3900 |
| Managing Money: A Caregiver's Guide to Finances | In Person Chelsea Retirement Community—Towsley Village (All Seasons Room) 805 W. Middle St., Chelsea | Tuesday August 29 3 - 4:30 p.m. (EST) | Click here to register Or call Helpline at 800.272.3900 |
| 10 Warning Signs of Alzheimer's | In Person Potter's House Christian School 810 Van Raalte Dr SW Grand Rapids | Thursday September 7 5:30 - 6:30 p.m. (EST) | Contact Helpline to register 800.272.3900 or helplinegmc@alz.org |
| 10 Señales de advertencia | En persona Potter's House Christian School - 810 Van Raalte Dr SW, Grand Rapids | Jueves, el 7 de septiembre 6:30 - 7:30 p.m. (EST) | o llama la línea de ayuda 800.272.3900 |

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| <p>Healthy Living for Your Brain and Body: Tips from the Latest Research</p> <p>10 Warning Signs of Alzheimer's</p> | <p>In Person</p> <p>Williams Park Alliance @Etheldra Mae Williams Park 14431 Burgess, Detroit</p> | <p>Saturday September 9</p> <p>10 - 11 a.m.</p> <p>3 - 4 p.m.</p> | <p>Contact Helpline to register 800.272.3900 or helplinegmc@alz.org</p> |
| <p>Healthy Living for Your Brain and Body: Tips from the Latest Research</p> <p>10 Warning Signs of Alzheimer's</p> | <p>In Person</p> <p>Williams Park Alliance @Etheldra Mae Williams Park 14431 Burgess, Detroit</p> | <p>Sunday September 10</p> <p>10 - 11 a.m.</p> <p>3 - 4 p.m.</p> | <p>Contact Helpline to register 800.272.3900 or helplinegmc@alz.org</p> |
| <p>Effective Communication Strategies</p> | <p>In Person</p> <p>Dexter Senior Center 7720 Ann Arbor St</p> | <p>Monday September 11 noon - 1 p.m. (EST)</p> | <p>Click here to register</p> <p>Or call Helpline at 800.272.3900</p> |
| <p>Effective Communication Strategies</p> <p><i>Hosted by Henry Ford C.A.R.E.</i></p> | <p>Zoom</p> | <p>Monday September 11 Noon - 1:30 p.m. (EST)</p> | <p>Zoom link</p> |
| <p>Understanding and Responding to Dementia-Related Behaviors</p> | <p>In Person</p> <p>Frenchtown Senior Center 2786 Vivian Rd., Monroe</p> | <p>Monday September 11 12:30 - 1:30 p.m. (EST)</p> | <p>Contact Helpline to register 800.272.3900 or helplinegmc@alz.org</p> |
| <p>10 Warning Signs of Alzheimer's</p> | <p>In Person</p> <p>Edward Jones Hartland 3508 Avon St. Hartland</p> | <p>Monday September 11 6:30 - 7:30 p.m. (EST)</p> | <p>Click here to register</p> <p>Or call Helpline at 800.272.3900</p> |
| <p>10 Warning Signs of Alzheimer's</p> <p><i>Hosted by the Detroit V.A.</i></p> | <p>Zoom</p> | <p>Tuesday September 12 1 - 2 p.m. (EST)</p> | <p>Zoom link</p> |

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| <p>Legal and Financial Planning for the Future - LGBTQ+ Thrive with Pride Webinar Series</p> | <p>Zoom</p> | <p>Wednesday September 13 4 - 5 p.m. (PST)</p> | <p>Click here to register</p> <p>Or call Helpline at 800.272.3900</p> |
| <p>10 Warning Signs of Alzheimer's</p> | <p>In Person The Fountains at Bronson Place 1700 Bronson Way, Kalamazoo</p> | <p>Wednesday September 13 6:30 - 7:30 p.m. (EST)</p> | <p>Contact Helpline to register 800.272.3900 or helplinegmc@alz.org</p> |
| <p>Managing Money: A Caregiver's Guide to Finances</p> | <p>In Person Pittsfield Twp. Senior Center 701 W. Ellsworth Ann Arbor</p> | <p>Thursday September 14 2 - 3 p.m. (EST)</p> | <p>Contact Helpline to register 800.272.3900 or helplinegmc@alz.org</p> |
| <p>Effective Communication Strategies</p> | <p>In Person Tamarack District Library 832 S Lincoln Ave Lakeview, MI 48850</p> | <p>Tuesday September 19 5:30 - 6:30 p.m. (EST)</p> | <p>Contact Helpline to register 800.272.3900 or helplinegmc@alz.org</p> |
| <p>Effective Communication Strategies <i>Caregiver Expo</i></p> | <p>In Person Brighton High School 7878 Brighton Rd</p> | <p>Saturday September 23 10:30 a.m. - noon (EST)</p> | <p>Click here to register</p> <p>Or call Helpline at 800.272.3900</p> |
| <p>Advancing the Science: The Latest in Alzheimer's and Dementia Research</p> | <p>In Person Edward Jones, Downtown Hartland 3508 Avon St</p> | <p>Monday September 25 6:30 - 7:30 p.m. (EST)</p> | <p>Click here to register</p> <p>Or call Helpline at 800.272.3900</p> |
| <p>Dementia Conversations: Driving, Doctor Visits, Legal & Financial Planning</p> | <p>In Person Osceola County Commission on Aging 215 S. Division St., Hersey</p> | <p>Tuesday September 26 10 - 11 a.m. (EST)</p> | <p>Contact Helpline to register 800.272.3900 or helplinegmc@alz.org</p> |

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| <p>Understanding Alzheimer's and Dementia</p> | <p>In Person Hartland's Cromaine Library 3688 N. Hartland Rd.</p> | <p>Tuesday September 26 6:30 - 7:30 p.m. (EST)</p> | <p>Contact Helpline to register 800.272.3900 or helplinegmc@alz.org</p> |
| <p>Living with Alzheimer's: For People with Alzheimer's (3-part Series)</p> | <p>In Person Chelsea Retirement Community Dancey House Apartments, Theater 801 W. Middle St. Chelsea, MI 48118</p> | <p>Part 1: Thursday September 28</p> <p>Part 2: Tuesday October 24</p> <p>Part 3: Thursday November 16</p> <p>All from 3 - 4:30 p.m. (EST)</p> | <p>(Part 1) Click here to register</p> <p>(Part 2) Click here to register</p> <p>(Part 3) Click here to register</p> <p>Or call Helpline at 800.272.3900</p> |
| <p>Becoming a Compassionate Caregiver - LGBTQ+ Thrive with Pride Webinar Series</p> | <p>Zoom</p> | <p>Wednesday October 10 4 - 5 p.m. (PST)</p> | <p>Click here to register</p> <p>Or call Helpline at 800.272.3900</p> |
| <p>HIV and Brain Health - LGBTQ+ Thrive with Pride Webinar Series</p> | <p>Zoom</p> | <p>Wednesday November 8 4 - 5 p.m. (PST)</p> | <p>Click here to register</p> <p>Or call Helpline at 800.272.3900</p> |

For more information on education programs or any of our programs and services, please visit our website at alz.org/gmc or contact us at 800.272.3900 or helplinegmc@alz.org