

HURLEY  HEALTHY LIVING SERIES

HURLEY

SENIOR & CAREGIVER

WORKSHOP



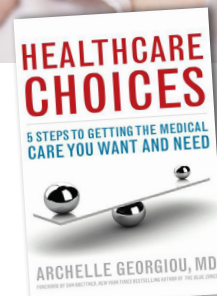
Saturday, April 28

8am-3pm • Holiday Inn Gateway Centre

5353 Gateway Center - Flint, MI 48507

Complimentary continental breakfast & lunch will be served.

Call 810.262.4855 to Register Today, Seats Limited



Author book signing
will be available!



Keynote Speaker
Dr. Archelle Georgiou
Author of "Healthcare Choices:
5 Steps to Getting the Medical
Care You Want & Need"

***Limited Number of Respite Care Vouchers Available to Attend Event, call VAAA at 810.239.7671.**

This FREE EVENT will provide information that can help you keep you and your loved ones safe, happy and healthy!

EVENT TOPICS:

- Hurley Senior Center of Excellence
- How to Recognize & Avoid Scams and Elder Abuse, with Genesee County Sheriff Robert Pickell
- Advance Directives Information
- Dr. Archelle Georgiou, "Getting the Medical Care You Want & Need"

BREAKOUT SESSIONS INCLUDING:

- Alzheimer's Disease Information
- Managing Caregiver Stress
- Keeping Your Loved One Safe
- Bed & Bathing Tips & Tricks
- Proper Lifting Techniques (Save Your Back)
- When & How to Choose a Care Facility

FREE CHAIR MASSAGES & IMMUNIZATIONS - Pneumonia, shingles, influenza & more

For interpreting services for this event, please call 810.262.7275.

